Dear Parents,

**Winter Uniform**

As the cold weather approaches, students will need to keep warm. As per our uniform policy, all jumpers and long pants are to be royal blue without any logos or prints. Please name all items and put the names on the clothing somewhere as they do not stay on tags very well. There are many jumpers available from the P&C for a donation. For safety reasons, hoodies are not to be worn.

**School ANZAC Day Service**

On Friday the 22nd of April the students of Crawford State School held a memorial service to commemorate Anzac Day. Mr Barry Krosch attended on behalf of the RSL and addressed those in attendance. The service was also attended by many parents. I would like to commend all students for their impeccable behaviour before, during and after the service. The school leaders spoke beautifully and represented the school perfectly.

**Wooroolin ANZAC Day Service**

Thank you to all the students who turned up on Monday to march with our School at the Wooroolin ANZAC Day service. It was pleasing to see so many enthusiastic and well behaved students who did Crawford proud. Also a big thank you to Tom and Rylee who participated in the formal part of the service on behalf of Crawford. Well done boys.
Cross Country
A very tiring morning saw our students running a cross country race at the school. Preps ran 400m, 6, 7, 8 year olds ran one kilometre, 9 and 10 year olds ran two kilometres and the 11 and 12 year olds ran three kilometres. Every student ran their best and completed their race with a crowd cheering and supporting them. The athletes ran to a time to be able to go to the next stage of competition, which was six minutes per kilometre. Nathan and Sam both ran under the time, but are too young to go further, perhaps next year. Aaron made the time and is eligible to compete at Murgon. Well done Aaron!

Thank you to all of our supportive parents who were able to come and watch and make the day better for the students.

Regional Basketball Trials
Miguel and Karl were both selected to go to Hervey Bay to compete in the Wide Bay selection trials. Miguel made the possibles and probable team, but unfortunately missed out on selection this time.

Here are some thoughts from the boys on their experience at the trials:

*On the 20th and 21st of April, Karl and I attended Wide Bay trials for basketball. We had a lot of fun smashing 3 out of 5 teams, which were Hervey Bay, North Burnett and Gympie. We lost against Bundaberg and Maryborough but it didn’t matter because everyone was happy. I made it to P and P which made me very happy. My team and I had a lot of fun at Hervey Bay. (Miguel)*

*At the basketball tryouts, it was a lot of fun. When I first met my team most of them I knew and this gave me an opportunity to make new friends. A the tryouts there were 6 teams including the South Burnett (our team). We also smashed 3 out of the 5 teams there. (Karl)*
From the 4-6 Class

Term 2 is going to be a very busy term for students in the year 4-6. In science, the year 5’s and 6’s are beginning a journey to better understand the universe that surrounds us. They are excited to discover more about the planets and space. The Year 3’s and 4’s will be investigating living things and their life cycles.

WINTER SPORTS CARNIVAL

Our Year 4-6 students will participate in the Winter Sports carnival as part of Small Schools’ Teams against other local schools on Friday, 27th May 2016. We will travel to Wooroolin SS on the previous 2 Friday afternoons (13th & 20th) for team selection and practice. Students will need to pay $6.00 towards the cost of bus travel. It would be appreciated if this money could be paid as soon as possible. All bus travel is subsidised by the school.

SCHOOL PHOTOS

School photos will be taken again this year by TreasurePics. They are scheduled to be taken at 9:00am on Monday, 9th May. Please ensure your child/ren are at school on time this day and are wearing correct school uniform.

P&C NEWS

Front Garden

As those who drop off and pick up their children will have noticed, the raised garden bed at the school entrance was given a make-over during the holidays. A big thank you to all who had a hand in its completion – preparation, planting, mulching and watering. All plants were kindly donated by Placid Hills Plants in Gatton and are drought and frost hardy so should thrive once established and provide a fitting entrance for our great little School.

RSL Raffle

As part of our fundraising efforts, the P&C has approached the RSL and been given the opportunity to raise funds by helping them to sell raffle tickets at their venue. This will be on the evenings of Friday, 6th and Saturday, 7th May. Two people are required for each evening and arrival time is 5:30pm. Jan Smith had kindly volunteered for both evenings but requires a second person to help out on each night. If you would like to lend a hand and can spare a couple of hours to help us raise funds which will benefit all students, please get in contact with Jan on 0419 261 756.

CRAWFORD STATE SCHOOL
P&C

MOTHER’S DAY STALL

It’s on again!

We are going to create a Gift Shop at school again for Mother’s Day. This means your child will be given the opportunity to do their very own shopping for their Mum, Grandma etc. for Mother’s Day.

The Gift Shop will be open during the lunch period on Thursday 5th May and from 8.30am–8.50am on Friday 6th May. All children will be given the opportunity to shop. The gifts will range in price but will be priced low. Gifts start at $1.00 and range up to $5.00.

KINGAROY SHOW DISPLAY - CRAWFORD SS

A big thank you to the staff and parents (Sharon, Judith, Denise, Bec, Star and Sam) who put up Crawford’s show display this morning. If you plan on going to the show this weekend, be sure to stop by the pavilion and check out all the displays from our local schools, particularly the great display of work from students at Crawford.
Don’t threaten, bribe or deal – breathe and act instead
By Michael Grose

Five great discipline habits to add to your parenting repertoire.

Getting kids to cooperate is tricky. One method doesn’t necessarily fit all kids so as a parent or teacher it helps to have a broad repertoire of responses to draw on when kids are less than perfect or you want more cooperative behaviour.

Disciplining a child can also make many parents feel decidedly uncomfortable, as it doesn’t generally fit an idealised picture of parenting that many of us may have. Discipline is about helping kids stay safe, become social and also be savvy and astute when they interact with others, which makes discipline a positive and very necessary part of the parenting process.

Bad discipline habits
Unfortunately, it’s easy as a parent to develop bad habits to get cooperation from kids. For instance, it can be easier to offer a simple bribe such as “I let you use my iPad for 10 minutes if you can be quiet in the back seat of the car”, rather than battle with kids for their cooperation. This type of bribe can work wonders to get some peace and quiet and is infinitely better than engaging in a slanging match while you’re driving. Well, it may seem that way! However, it’s easy for both parents and kids to become hooked on bribes. As a parent you can easily fall for the trap of offering a bribe to induce good behaviour because it often works. A child learns to cooperate on his terms and soon learns to think, “What’s in this for me?” Soon kids learn to wheel and deal to get better terms so today’s ‘quick 10 minutes on an iPad’ becomes tomorrow’s shiny new piece of technology bought in return for cooperation. Bribery and dealing almost always escalates in scale. The stakes rarely get smaller.

Similarly, idle threats of withdrawing co-operation if a child won’t behave well soon falls on deaf ears as kids have a built-in radar for knowing if a threat is real or not. “If you continue to argue with your sister I’ll cancel your birthday” is the sort of threat that many of us have made in desperation just to get some peace and harmony at home. Again, threatening all types of dastardly consequences can become a habit, particularly when we don’t have many other options at our disposal to get better cooperation.

Good discipline habits
So it helps to develop some good discipline habits instead so that when we do become stressed or tired they are so ingrained in us that they become second nature.

Here are five good discipline habits to develop:

1. Avoid the first impulse so you don’t overreact
A good rule of thumb is to stop yourself from reacting when children misbehave. As much of children’s poor behaviour is purposeful, in that it keeps parents busy with them or is designed to let parents know that in fact you can make a child do anything they want to do, your impulsive reactions reinforce the behaviour. At times stopping and doing nothing is better than saying something you regret later on or can’t follow through with.

2. Step away and take a breath to gain control
When you feel annoyed, angry or hurt by a child’s misbehaviour temporarily step away from the situation and take a few deep breaths before you speak or act. This meta-moment will not only buy you time but will quickly calm you down and change your thinking, putting you back in control. Better self-management helps you respond more effectively when kids misbehave.

3. Lower your voice to be heard
Do you typically repeat yourself or raise your voice when your children ignore your request for better behaviour or even cooperation. If so you are training your kids to ignore you. Try lowering your voice rather than raising to be heard. This has the double effect of being easier to hear as well as carrying a greater sense of authority.

4. Move toward them to be noticed
Moving into children’s space to deliver a message is usually more effective than issuing an order across a lounge room when you are competing with a screen for attention. It does require effort but the results in terms of getting cooperation is generally worth it.
5. Use a consequence to teach
Not all children respond positively to consequences. Very sensitive children can take consequences personally so use them sparingly with more sensitive. Sometimes a change in the tone of your voice is enough for these children. But generally reasonable consequences that have a relationship to children’s misdemeanours and that are respectfully delivered are effective in teaching children to behave responsibly. The trick is to deliver them like a neutral cop – cool, calm and with not too many words.

Good habits are best developed in low or no stress situations so if you’d like to add any of these ideas to your parenting repertoire start putting them into practice in every day interactions with your children, so that they become second nature when you really need some cooperation from your kids.

COMMUNITY ANNOUNCEMENTS

SOUTH BURNETT CAR CLUB SHOW, SHINE & SWAP MEET

Sunday, 15th May. See attached flyer for further information.

NEXT P&C MEETING

The next P&C Meeting will be held on Tuesday 10th May at 3.30pm in the Principal’s Office. All parents are most welcome and encouraged to come so you too can have a part in supporting the children of Crawford State School.

AWARDS RECEIVED ON PARADE

Magic Words
Kenneth – Pink
Lucy – Gold

Prep-3 Students of the Week –
Ebbonnie and Abby

Year 4-6 Students of the Week –
Tom and Caine

IMPORTANT DATES CALENDAR

COMING EVENTS

EVERY TUESDAY FROM 9:00-11:00AM - PLAYGROUP

9 May  School Photos – 9:00am
10 May  P&C Meeting – 3:30pm Principal’s Office
2 May  Labour Day – Public Holiday
13 May  Winter Carnival Practice at Wooroolin SS – Year 4-6
20 May  Winter Carnival Practice at Wooroolin SS – Year 4-6
27 May  Winter Carnival – Various Venues around Kingaroy